

CONTENTS

Acknowledgements	8
Preface	9
1. Introduction: When You Are Your Child's Teacher	11
2. What Is School at Home with the Waldorf Curriculum?	18
3. Connecting with the Curriculum	43
4. Making the Lessons One's Own	70
5. Individualizing the Lessons and the School	93
6. Rhythms of Teaching and Learning	121
7. From Kindergarten to Grade Twelve: Growing New Faculties	160
Epilogue: Waldorf after High School	188
Bibliography and Resources	192
Appendices	197
1. Anthroposophic Homeschooling: Fostering the Life of the Soul	198
2. Colored Shadows and Afterimages	208
3. Seeing the Twelve Grades through the Lens of the Twelve Senses	227
About the Author	237